



CUPPING THERAPY

What is Cupping? It is a form of alternative medicine, dating back to ancient Egypt, China, Greece, Europe, and even the Americas. Special cups are placed on the skin to create suction in order to move stagnation, reduce inflammation, activate lymphatic drainage, and aid in circulation.

More specifically, Cupping lifts and stretches soft tissue (muscle, fascia/connective tissue), separates fused tissue layers, supports the lymphatic system to facilitate in detoxification, brings fresh blood to the area to improve circulation and hydration of tissue. Bones also respond well to treatment. The therapy is widely used for a more sustained relaxation of muscle tension and pain relief, to improve digestive and respiratory function, for relief of sinus pressure, for improvement in the appearance of cellulite, to firm and tone skin, reduce stretch marks, soften scar tissue, and much more!

In many cases, clients feel and look better instantly, and more optimal results are cumulative with repeated therapy. The effect on the nervous system is sedating; therefore, Cupping is widely used for high blood pressure conditions, anxiety, fatigue, insomnia, chronic headache, neuralgia and rheumatism. Pain relief is quick, and long-term injuries and restrictions can release in one or a few treatments. Lymph drainage using Massage Cupping can greatly benefit pre- and post-operative conditions and may assist in the healing process.

RELEASE STATEMENT

Massage Cupping Therapy is not intended to diagnose, prevent or treat any illness, metabolic disorder, disease or health problems. You may want to consult your physician before scheduling Cupping Therapy. Follow a healthy diet, exercise, and drink plenty of water.

I understand that all treatments at this facility are therapeutic in nature. I agree to notify the therapist of any physical discomfort or draping issues during the session.

This facility has provided me with information on Massage/MediCupping™ Therapy. If I choose to experience this therapy in my treatment, I understand the effects and after-care recommendations. It has been explained to me that there is the possibility of a skin discoloration (“cup kiss”), appearing as tissue is released. I am aware that a “cup kiss” is not a bruise, and it will dissipate within a few hours to a few days.

This facility and the therapist will not be held liable for indications that arise during or after the treatment, and I agree to notify the therapist if there is any discomfort during a session. I have stated all relevant physical conditions, and I will inform the therapist of any changes in my health.

Signature _____

Date _____

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Customized Bodywork for a Natural Way to Heal

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